

THE **PARAGONIAN**

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Canadian



ONE GUARD SAVES TWO LIVES!

Within a 24-hour period on January 31, 2022 Atrium on Bay Security Manager Nathaniel McNeil attended to two medical emergencies. Both emergencies involved individuals likely suffering an opioid overdose. In each case he acted quickly to administer Naloxone, which eventually revived both individuals. It is without a doubt that S/M McNeil's actions and training aided in the lifesaving measures needed to revive these individuals.

We want to take this opportunity to recognize S/M McNeil for his lifesaving measures. He has worked hard through the COVID-19 pandemic. He is now facing an Opioid Pandemic in Toronto's downtown core.

Opioids like Fentanyl, Carfentanil, and Heroin are a growing problem in Canadian hospitals. In the first six months of 2021 (latest available data), Canada saw approximately 3,500 deaths due to opioid toxicity; over 1,400 of those deaths were in Ontario. If you want to learn more about the opioid crisis and how you can help someone suffering an overdose, you can access 212 – Opioids & Naloxone from the Learning Library on Bridge.

We want to thank Nathaniel for his on-going dedication.



L to R: Antony Shuster - Client Service Director, David Howarth - Client Service Manager, Mohamed Abdullah, Pranav Sukhadiya, and Robert Dale

JEWEL HEIST TAKE-DOWN!

On Tuesday, January 11, 2022, three males entered Raffi Jewelers at Conestoga Mall, armed with a machete, a hammer, and a crowbar. They began smashing display cases and collecting jewelry.

Security Guards Robert Dale and Pranav Sukhadiya intercepted one suspect attempting to flee the scene. S/G Dale subdued the suspect, and with the assistance of S/G Sukhadiya, placed the suspect under arrest and in handcuffs.

A second suspect was chased from the mall by Security Guard Mohamed Abdulla. During the chase the suspect threw away the backpack he was carrying. The backpack was recovered containing \$300,000.00 worth of jewelry.

Actions like this require quick thinking, effective communications, and teamwork. The Certified Advanced Security Practitioner (CASP) program from PPI includes 75 hours of relevant security training to build these very skills. Some courses include Leadership, Tactical Communications, Lawful Authorities, and Crime Prevention Awareness. Those who successfully complete the program will earn a certificate from PPI and Wilfrid Laurier University.

Contact info@ppieducation.com for more information.

Excellent work team!



MENTAL HEALTH AWARENESS

People that are mentally healthy are self-aware, able to cope with everyday challenges, work efficiently, and contribute to their communities. Mental health is essential to our ability to think, interact, earn a living, and enjoy life.

Mental health promotion, protection, and restoration are of significant concerns to individuals, communities, and societies worldwide.

Mental Health Disorders

Mental illness influences our emotions and actions and can disrupt or complicate a person's life. With the correct help, people can return to mental wellness.

Each illness has its own set of symptoms. Common signs include:

- Excess worrying or fear
- Extreme moods or mood changes
- Prolonged or strong feelings of irritability or anger
- Confused thinking or problems concentrating and learning
- Inability to carry out daily activities or handle daily problems
- Avoiding friends and social activities
- Difficulty understanding or relating to others
- Inability to perceive changes in one's own feelings, behaviour, or personality
- Changes in sleeping habits or feeling tired
- Changes in eating habits such as increased hunger or lack of appetite
- Abuse of substances like alcohol or drugs

What to do in a Mental Health Crisis

When you suspect that you, someone you know, or someone around you is having a mental health crisis, seek professional help as soon as you can. If possible, ensure that the person in crisis is not alone. Time and company are crucial when someone is going through a mental health crisis, this can make a big difference.

Get Help. Talk to Someone

- Emergencies: Call 911
- Connex Ontario Helpline: Toll-free: 1-866-531-2600
- Good2Talk for Young people: Toll-free: 1-866-925-5454
- Kids Help Phone: Toll-free: 1-800-668-6868



Uncovering the Truth: Indigenous Peoples In Canada



This course was developed by Wilfrid Laurier University in collaboration with Indigenous Leaders in Canada and is offered by and available exclusively through PPI.

Today recognizing culture, diversity, and sensitivity is of utmost importance for frontline security guards to show unbiased discretion.

Uncovering the Truth: Indigenous Peoples in Canada is an eight-hour self-paced certification course and is available to everyone.

The online course provides historical and contemporary context to help better understand Indigenous injustice in Canada. This includes reviewing explanations of intergenerational trauma and learning about interrelated forms of colonial oppression, including “Indian” legislation, the imposed reserve system, and the pass system. The realities of residential schools and the lingering impacts and interrelated wrongs of the colonial state, including the “Sixties Scoop” and Indian hospitals, are reviewed. A look at the contemporary context, such as current educational realities, the ongoing “Millennial Scoop”, and gendered violence affecting Indigenous peoples, including the crisis of those who have gone missing and been murdered, are considered. Truth and reconciliation, involving a closer look at calls to action concerning justice from the Truth and Reconciliation Commission, are also explored.

For more information and registration please visit:

www.ppieducation.com/ipc/

Paragon employees can pay for this course through small installment of payroll deductions.



How many horses do you see?

Please submit your answer along with your name and employee number by March 9th for your chance to win \$1001
newsletter@pplguard.com

Congratulations to last month's winner:
Christopher Gnatek