



THE PARAGONIAN

JUNE 2022

Hello Summer!



Proudly Canadian

Life Saving Teamwork



L to R: Rohith Padam, Harmanpreet Singh, Vahid Tabataei, Navneet Singh

Paragon Security would like to recognize our team at 2 Bloor Street West for life saving measures.

On April 29, 2022, Security Guard Vahid Tabataei noticed an unconscious male laying on the floor while monitoring the CCTV system. He immediately radioed an all-call response to his team.

Shift Supervisor Rohith Padam was the first to attend the scene. Upon his arrival he noted that the male was unresponsive and observed a syringe within reach. He quickly determined that it appeared the male had overdosed.

After unsuccessfully attempting to wake him, EMS were contacted. Security Guard Harmanpreet Singh was contacted to attend with a medical response kit. S/S Padam commenced CPR compressions and continued until S/G Singh's arrival. Naloxone was administered, while Security Guard Navneet Singh waited for EMS to arrive.

As Paramedics arrived on site, the unknown male regained consciousness and refused medical assistance from EMS.

Excellent work by all.

Emergency First Aid and Coordinated Response

We'd like to recognize Charlie Platoon from Commerce Court for their actions during a medical emergency involving a male in March 2022.

The entire team – including Site Coordinator Jermaine Agius, Security Officers Jahn Isidro, Ali Dhakan, Anthony Galati, John Lagasca and Jesse Rancourt, and Client Service Manager Sathiya Gugathasan – provided high-quality emergency first-aid assistance, effective coordination with responding emergency services, and secured the incident scene to ensure the safety of other patrons.

Their heroic actions during this incident prevented serious harm and possibly even death. These situations are never easy, but Charlie Platoon handled it with calm professionalism that always makes such a difference.

For their actions, Charlie Platoon was nominated for the Canadian Security Lifesaver Award. Great work, team!



**CANADIAN SECURITY
LIFESAVER ASSOCIATION®**

Do you know a hero deserving of the CSLA® Award? Are you looking for inspiration? Check out their website www.canadiansecuritylifesaver.ca for the nomination form and stories of past recipients.

Paragon is committed to helping the community.

We have faith that if we emphasize the significance of giving back to the communities in which we work and live, we set a good example for others to follow and will be able to motivate them to do the same.

Paragon is honoured to have supported Seneca College's 2021-2022 Awards and are even prouder of the Seneca College students who were honoured with the Paragon Security Awards, the Paragon Security Cybersecurity Awards, and the Paragon Security Police Foundations Awards. Their efforts have been nothing short of incredible, particularly considering the precarious situation that has persisted for the past two years due to COVID-19.

Our best wishes are with each and every one of the award recipients for continued success.

2021-22 Seneca award recipients

Paragon Security Award

Larry Chan

Jessica Clements

Qiwon Ning

Regan Trotter

Paragon Security Cybersecurity Award

Adesuwa Idahosa

Umarkhan Naeem Khan

Arnav Mohan

Siddhartha Rudraksha Punj

Paragon Security Police Foundations Award

Benjamin Ardis

Eliran Isaev

Ravneet Khosa

Jasdeep Multani

Seneca

It's Hot Outside! Stay Cool, Stay Hydrated, Stay Informed.

Heat can be a serious occupational hazard, particularly in the summer. A person's general health also influences how well they adapt to heat – risk of heat-related illnesses varies from person to person.

Ways your body accumulates heat include:

- Your body regularly produces heat, especially during physical activity
- As the environment warms up, the body tends to warm up
- Exposure to hot air, direct sun rays, or hot surfaces

This heat is lost by contact with cool air and sweat production, which cools your body as it evaporates. Weather conditions play a big role in how your body regulates its

temperature; for example, if it is windy sweat evaporates faster, which helps to cool you. However, high humidity slows down this process, contributing to increased body temperature.

It is important to remember to tune in to local weather forecasts and alerts regularly, so that you know when to take extra care.

Drink plenty of cool liquids, especially water, before you feel thirsty, to decrease your risk of dehydration. Thirst is not a good indicator of dehydration.



There are predictions that parts of Canada will reach record temperatures over the summer of 2022.



Predator or prey

Please circle and submit if and when you find the predator.
newsletter@pplguard.com
along with your name and employee number by June 15th for your chance to win \$100!

Congratulations to last month's winner:
Lucky Magagula