

THE **PARAGONIAN**

March 2022

Welcome Back
Spring!



Proudly Canadian



Emergency Kit

Everyone should have an Emergency Kit that contains basic supplies you can survive on if there is a power outage, you no longer have access to running water or other necessities, or you must shelter in place.

After assembling your kit, remember to maintain it so it's ready when needed. Replace expired items and re-evaluate your needs at least once a year – update the kit as your needs change.

Since you do not know where you will be when an emergency occurs, you should prepare multiple emergency kits.

Home: Ensure your Emergency Kit is easy to carry; store it in a duffel bag, backpack, or suitcase with wheels. Keep this kit in a designated place, so every member of your household knows where it is. Have it ready in case you need to leave your home quickly.

This kit should contain supplies for each member of the family for up to a week, don't forget your pets.

Work: Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water, and other necessities like medicine; store these in a "go" bag.

Car: In case you are stranded, keep a kit of emergency supplies in your car.

Items to include:

- Two litres of water per person (or pet) per day
- Food that won't spoil (canned goods, energy bars, dried food) and a manual can opener
- First aid kit
- Flashlight
- Battery-powered or wind-up radio
- Extra batteries and chargers
- Special needs or health-related items (prescriptions, infant formula, etc.)
- Spare keys
- Cash (especially smaller bills)
- Your emergency plan (including important documents)

Olivia Denny



Paragon Security would like to recognize Shift Supervisor Olivia Denny for her quick response and life saving measures in a recent incident at her job site.

On March 3, 2022, a patron advised security of an unconsciousness female who was found in a washroom. Upon S/S Denny's arrival, she observed an unresponsive female lying on the floor with a used syringe beside her.

S/S Denny recognized that the female had overdosed and immediately requested a trauma kit and began CPR compressions. Moments later Security Site Manager Nathaniel McNeil attended with a trauma bag and two doses of Naloxone were administered.

Shortly after, both EMS and Police attended and thanked S/S Denny for her actions. Excellent work!

Devansh Chaudhary



On behalf of Paragon, we would like to commend S/G Devansh Chaudhary for his quick and decisive actions during a medical emergency at Commerce Court.

He witnessed a trip and fall on an escalator and effectively responded without delay. S/G Chaudhary immediately attended the scene, shut down the escalator by pressing the emergency stop button, and notified the rest of the team of the emergency via radio.

The entire Commerce Court team responded accordingly to assist with the medical emergency.

S/G Chandhary's actions during this emergency prevented the victim from suffering additional serious injuries. His response to this incident was noted by members of the Quadreal Property Management team, who also commended him for his actions.



TEAMWORK, TRAINING & KINDNESS

L to R: Andrew Hurd - Site Supervisor
Josue Ramos - Afternoon Shift Supervisor
Neal Permaul - Swing Shift Supervisor
Sathiya Gugathasan - Manager of Client Services

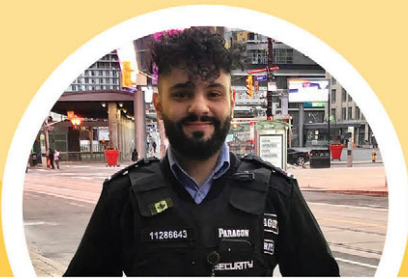
We would like to commend both Neal Permaul and Josue Ramos for their actions in relation to an incident on Friday, March 4th at Dufferin Mall. While monitoring the Control Room, newly appointed Shift Supervisor Ramos received several phone calls regarding an ongoing assault taking place in the Food Court.

S/S Ramos quickly obtained video surveillance of the area and recognized the “suspect” as a developmentally disabled gentleman who frequents the mall. S/S Ramos also recognized the “victim” as the individual’s mother/caregiver. Instead of dispatching all available units to the call (site procedure for an active fight/assault), S/S Ramos chose to dispatch S/G Permaul to intervene on his own. It should be noted that the individual is well-known to Security, as it is common for him to cause disturbances while at the mall. We have a rapport with the individual and can resolve these issues quickly when they occur.

When S/G Permaul arrived, an unidentified male patron was restraining the individual’s arm behind his head to prevent further assault. S/G Permaul assessed the situation and determined that the individual was experiencing a mental health crisis. S/G Permaul also established that there was no need for physical intervention and quickly separated the parties.

S/G Permaul greeted the individual and offered mental health first-aid by reassuring the individual and offering support. S/G Permaul then escorted the individual and his mother to a nearby corridor where they could speak privately and out of public view. Toronto Police Service was contacted for assistance and escorted the individual off property after completing their investigation.

While awaiting TPS, both S/G Permaul and S/S Ramos assisted in supervising the individual while helping to maintain a calm environment for all parties. The compassion, professionalism, and quick-thinking displayed by both S/G Permaul and S/S Ramos was outstanding.



Afram Zleik

On February 23rd, 2022, Security Supervisor Afram Zleik was dispatched to attend a men's washroom at his site.

Upon arrival, an unconscious male was discovered; not breathing. S/S Zleik, recognizing that this was likely an overdose administered two doses of Naloxone, without success.

Not giving up, S/S Zleik repositioned the patient to begin chest compressions. After approximately 35 seconds, the patient woke up.

Care and control of the subject was transferred to EMS and we can say without a doubt that S/S Zleik's heroic actions aided in saving this individual's life.

Awesome work. Thank you.

Meiraf Dinberu



Security Guard Meiraf Dinberu was presented with a Merit Award for his excellent customer service at George Brown College, Waterfront Campus.

During his regular rounds at the campus, he observed a student sitting on the floor, appearing to be upset. He approached the student asking if he could be of any assistance, and they engaged in a conversation. The student confided some personal details to S/G Dinberu. Several days later, the student approached the guard and handed him a note thanking him for taking the time to listen to her, and for making her feel better.

We often do not realize how our small gestures can make a big impact. Our kind words can brighten someone's day, and our compassion can give someone hope. It is extremely important that during these difficult times we support each other, and we offer help when we can. We all need it, especially now.

Thank you S/G Dinberu for being that person and for making a difference.