

THE

PARAGONIAN

JULY 2022

Happy Canada Day!



Proudly Canadian

A Quick and Caring Response

On May 21st, a resident of 38 Cameron was on the terrace of her suite when she suffered an incident that left her unable to stand. As there was no one home to assist, the resident was left calling for help.

Her neighbour heard her calls and contacted Security Guard Chris Hall the Concierge on duty. S/G Hall attended the suite to assist: obtaining water and clothing, and calling family and emergency services. S/G Hall comforted the resident until an ambulance arrived to transport her to the hospital for treatment.

The resident sent a letter to the condominium corporation to thank everyone for their help during this trying time.



Thanks for 17 years of excellence!



On Tuesday, June 7th Paragon hosted a farewell morning coffee meeting for Security Guard Howard Williams at Ennisclare Condominiums.

Howard had been at the site for 17 years before deciding to retire at 77 years old. Over those 17 years, Howard never missed a day of work.

The presentation was attended by approximately 75 residents, along with his wife, daughter, and grandson. Our commendation and gift were presented to Howard by Client Service Manager Jim Perry.

The Presidents of both Boards of Directors spoke about Howard's history at Ennisclare and thanked him for his service.

Teamwork during an Emergency



L-R: Paul Pascua, Markus Smith, Huzefa Shaikh,
Sherry Corrigan, Cassandra Belyea

We would like to recognize the team at 1 York Street for their assistance during an emergency situation that led to a successful outcome for law enforcement.

On June 6, someone activated a pull station at the site. Members of the team responded to the location and our Senior Dispatcher reviewed CCTV footage. It became apparent that a male individual had pulled the device without justification and fled the scene.

Once the Dispatcher located the individual, the guards were advised of his location and the team attended the scene. Upon approach, the individual became extremely hostile. The team was left with no option but to arrest the individual and await Toronto Police.

It was later determined by Toronto Police that the individual in question was of interest to Waterloo Police, and there was an active warrant out in his name. They were very thankful for the efforts of the 1 York team.

This demonstrates that the training and resources our team had were effective in conducting their core duties on property.



Safety Around Stinging Insects

The best way to avoid being stung by an insect is to stay away from it. If you can, leave the area. If there is a travelling swarm, it is likely they will leave in a few days. Note that “bug spray” does not work on stinging insects. To avoid getting stung, you need to be aware of them and avoid them.

Look around a site before you start work. Check whether there are any signs of a hive or nest. If you see a lot of flying insects, check whether they are coming and going from the same spot. If so, it’s probably a nest or food source.

Here are some things to do if you work near stinging insects.

- Most won’t sting unless you startle or try to hurt them. Do not hit them or move quickly. The best thing is to stay away or just let the bugs fly away on their own. If you must, walk away slowly or “blow” them away.
- If you disturb a nest and hear “wild” buzzing, use your hands to cover your face and leave the area immediately. Find shelter in a closed car or building, ensuring to enter in a way that keeps them out.
- Long hair should be tied back so that they don’t get caught in it.
- Be careful when shaking out clothes or towels, insects could be hiding in the folds.
- If there’s an insect in your car, stop and leave the windows open or cover them with a thick cloth so it doesn’t get scared. Carefully open a window and let them fly back outside.

What you shouldn’t do:

- Do not wear perfumes, colognes, scented soaps, or powders because they smell good.
- Do not walk around barefoot or in sandals, especially near clover or other flowering plants.

Know the Signs

HEAT Exhaustion

- Headaches
- Nausea and vomiting
- Fatigue, weakness and restlessness
- Thirsty
- Anxiety
- Poor coordination
- Weak, rapid pulse
- Sweating heavily
- Raised body temperature

What to do

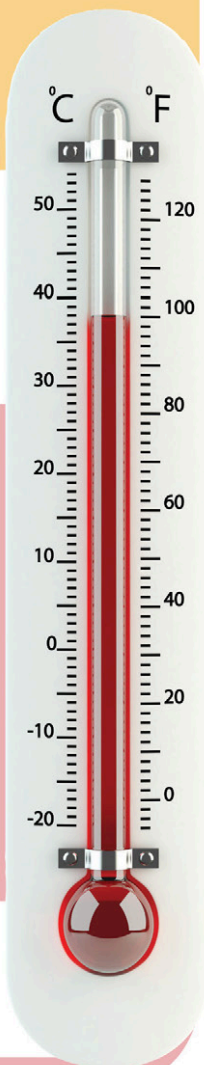
- Lie down in air-conditioning or shade
- Drink water
- Cool compress or tea towel
- Cool shower or bath

HEAT Stroke

- Nausea and vomiting
- Rapid pulse
- Extremely thirsty
- Dry, swollen tongue
- Disoriented, dizzy or delirious, slurred speech
- Body temperature of more than 40°C
- Convulsions, seizures or coma
- May be sweating, skin may feel deceptively cool

What to do

- Call 911 immediately
- Reduce temperature until ambulance arrives



Find 10 differences



Please circle all ten and submit to newsletter@pplguard.com along with your name and employee# by July 15th for your chance to win \$100!



Congratulations to last month's winner:
Fida Hussain